

"Tomorrow I'm Going to..."

Objectives:

- Break the ice
- Task Tension
- Relationship Tension
- Summarizing/Action Planning Activity

Class Length: 2 hours or longer

Audience: Any

Group Size: Any Number, in subgroups of 5-7

Time: 8-10 Minutes

Equipment:

- One of each of the cards from the templates, copied onto different colored index stock and cut out
- A pen or pencil for each person

Process:

- Give every participant two different "tomorrow" cards and tell everyone to imagine (realistically) what they would do if they were to have a day off the next day and to record what they would do on the appropriate card.
- Then, fill out their 2nd card with reference to their jobs: "Tomorrow, if all goes perfectly at work..."
- Each participant is to write what he or she would have to achieve or accomplish and then share the information within his or her small group.

Options:

- The work-related cards can be used to start "to-do" lists for the next day.